

OCTOBER | 2020



Ontonagon Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Breakfast Burrito OR Cereal W.G. Toast 100% Fruit Juice Milk	2 Banana Muffin OR Cereal W.G. Toast Fruit Milk
5 Granola Bar OR Cereal W.G. Toast Fruit Milk	6 UBR OR Cereal W.G. Toast Fruit Juice Milk	7 Cini Mini OR Cereal W.G. Toast Fruit Milk	8 Breakfast Pizza OR Cereal W.G. Toast Fruit Juice Milk	9 No School
12 Yogurt OR Cereal W.G. Toast Fruit Milk	13 Cheese Omelet OR Cereal W.G. Toast Fruit juice Milk	14 Cini Mini OR Cereal W.G. Toast Fruit Milk	15 Pancake OR Cereal W.G. Toast Fruit Juice Milk	16 Oatmeal Bar OR Cereal W.G. Toast Fruit Milk
19 Nutri Grain OR Cereal W.G. Toast Fruit Milk	20 Waffles OR Cereal W.G. Toast Fruit juice Milk	21 Cini Mini OR Cereal W.G. Toast Fruit Milk	22 Breakfast Squares OR Cereal W.G. Toast Fruit Juice Milk	23 Blueberry Muffin OR Cereal W.G. Toast Fruit Milk
26 Cereal Bar OR Cereal W.G. Toast Fruit Milk	27 French Toast OR Cereal W.G. Toast Fruit Juice Milk	28 Cini Mini OR Cereal W.G. Toast Fruit Milk	29 Sausage Biscuit OR Cereal W.G. Toast 100% Fruit Juice Milk	30 Soft Pretzel OR Cereal W.G. Toast Fruit juice Milk

News AVAILABLE DAILY

Whole Grain Toast

100% Fruit Juice
OR
Fresh Fruit

1% white, skim milk or
skim chocolate milk

Condiments may include:
Syrup

USDA is an equal
opportunity provider and
employer.

Menu subject to change.