

ONTONAGON SCHOOL DISTRICT LUNCH MENU

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3. Grilled Cheese Sandwich Or Fish Sandwich on WG Bun Tomato Soup Celery Sticks Applesauce Craisins</p>	<p>4. Spaghetti Hot Dish WG Garlic Toast Or Breaded Pork Chop Sandwich WG Bun Green Beans Radishes Mixed Fruit Sorbet</p>	<p>5. Chicken Nuggets Sun Chips Or Pizza Calzone Romaine Salad Cherry Tomatoes Peaches Grapes *Blueberries</p>	<p>6. Cheesy Chicken Enchilada Soup W/CornBread Or Loaded Baked Potato W/CornBread Corn Carrot Sticks Apples Oranges</p>	<p>7. Garlic French Bread W/Marinara Sauce Or Cheese Quesadilla Baked Beans Broccoli Florets Pineapple Fruit Slushies *Apples</p>
<p>10. Mozzarella Sticks W/Marinara Sauce Or Hot Dog WG Bun Sun Chips Baked Beans Carrot Sticks Diced Pears Blueberries *Apples</p>	<p>11. General Tso's Chicken / Rice WG Breadstick Or Hot Ham and Cheese Sandwich Steamed Broccoli Celery Sticks Applesauce Oranges</p>	<p>12. WG Cheese Pizza Or Fish Nuggets Goldfishes Lettuce Salad Cherry Tomatoes Grapes Fruited Sorbet</p>	<p>13. Chicken Parmesan Noodles WG Dinner Roll Or Tuna Salad Sandwich WG Bread Corn Mixed Veggies Peaches Apples</p>	<p>14. NO SCHOOL</p> 
<p>17. Cheese Burger WG Bun Or BBQ Riblet WG Bun Sweet Potato Fries Celery Sticks Pineapple Strawberries</p>	<p>18. Mini Corn Dogs WG Breadstick Or Popcorn Chicken WG Breadstick Mashed Potatoes Corn Broccoli Fruit Slushies Oranges</p>	<p>19. Nacho Supreme WG Chips Or Egg Salad Sandwich WG Bread Lettuce/Tomato Carrot Sticks Applesauce Banana</p>	<p>20. Bosco Sticks W/Marinara Sauce Or Hot Turkey and Cheese Sandwich WG Bun Curly Fries Baked Beans Fresh Pears Apples</p>	<p>21. EARLY RELEASE DAY NO LUNCH</p>
<p>24. Pizza Rolls Or Deli Sub Sandwich Baked Beans Carrot Sticks Tropical Fruit Mixed Fruit *Oranges</p>	<p>25. Hamburger Gravy WG Dinner Roll Or Breaded Pork Chop Sandwich Mashed Potatoes Corn Strawberries Banana</p>	<p>26. Chicken Patty WG Bun Or Bratwurst WG Bun Lettuce/Tomato Fresh Broccoli Fruited Sorbet Apples *Blueberries</p>	<p>27. Tangerine Chicken WG Rice/Garlic Toast Or Fish Nuggets Garlic Toast Green Beans Cauliflower Apple Sauce Grapes</p>	<p>28. Egg and Sausage Breakfast Sandwich Or Breaded Pork Chop Sandwich Potato Wedges Peppers Diced Pears Fruit Juice Choice</p>
<p>31. HAPPY HALLOWEEN Chicken Nuggets Sun Chips Or Pizza Calzone Sweet Peas Carrot Sticks Apples Craisins Ice Cream Treat</p>	<p>*Items for Adult and HS/MS only</p> <p>Salad Bar Available on Wednesdays and Fridays for Elementary Students</p> <p>*CHEF SALADS AVAILABLE DAILY</p>	<p>*Grab and go options for HS/MS And Adult Monday - Croissant Sandwich Tuesday - Chicken Caesar Wrap Wednesday - Yogurt Parfait Thursday - Chefs Choice Wraps Friday - PB+Js</p>	<p>Menu subject to change due to availability</p>	

This institution is an equal opportunity provider