

ONTONAGON SCHOOL DISTRICT LUNCH MENU

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	*Chef Salads available daily for HS/MS and Adults K-5th Salad Bar options on Wednesdays and Fridays	*Grab and go options for HS/MS And Adult Monday - Deli Sub Sandwich Tuesday - Chicken Caesar Wrap Wednesday - Yogurt Parfait Thursday - Chef's Choice Friday - PB+Js	Menu subject to change due to availability Milk Choices 1% White 1% Chocolate	1. NO SCHOOL
4. NO SCHOOL 	5. Garlic French Bread W/Marinara Sauce Or Cheese Quesadilla Green Beans Carrot Sticks Apples Mixed Fruit	6. Walking Taco WG Chips Or Tuna Salad Sandwich Wg Bun Lettuce/Tomato Refried Beans Applesauce Banana	7. Tangerine Chicken WG Rice / Dinner Roll Or Turkey Wrap WG Cheese Its Corn Fresh Broccoli Oranges Blueberries	8. WG Pizza Or Hot Ham and Cheese WG Bun Baked Beans Romaine Salad Peaches Fruited Sorbet *Mixed Fruit
11. Philly Cheese Steak Sandwich Sub Roll Or Hot Dog WG Bun Baked Beans Celery Sticks Pineapple Apples	12. Pepperoni Pizza Bread Sticks Marinara Sauce Or Cheesy Chicken Enchilada Soup Tortilla Chips Sweet Peas Cauliflower Banana Craisins	13. Deli Sub Sandwich WG Sub Roll Or Chicken Nuggets WG Goldfishes French Fries Lettuce/Tomato Fresh Broccoli Applesauce Strawberries	14. Meatballs/Gravy WG Texas Toast Or Fish Nuggets WG Texas Toast Mashed Potatoes Corn Carrot Sticks Oranges Blueberries	15. Grilled Cheese Sandwich Or Pork Chop Sandwich WG Bun Tomato Soup Romaine Salad Fruited Sorbet Pears
18. Meatball Marinara Sub Or Loaded Baked Potato WG Breadstick Baked Beans Carrot Sticks Mandarin Oranges Mixed Fruit	19. Chicken Patty WG Bun Or BBQ Riblet WG Bun Tater Tots Cauliflower Fresh Pears Apple Slices	20. Soft Shell Taco Or Egg Salad Sandwich WG Bread Green Beans Lettuce/Tomato Strawberries Pineapple	21. Teriyaki Chicken WG Rice WG Dinner Roll Or Fish Nuggets WG Rice Corn Celery Sticks Craisins Applesauce	22. Pizza Calzone Or Chicken Strips WG Goldfishes Romaine Salad Cherry Tomatoes Fruited Slushies Apples
25. Fajita Chicken Wrap WG Shell Or Mozzarella Sticks W/Marinara Sauce Romaine Salad Carrot Sticks Apples Oranges	26. Popcorn Chicken WG Breadstick Or Mini Corn Dogs WG Breadstick Mashed Potatoes Corn Banana Blueberries	27. Deli Sub Sandwich WG Sub Roll Or Pork Chop Sandwich WG Bun Baked Beans Lettuce/Tomato Peaches Pears	28. Spaghetti Hot Dish Elbow Noodles WG Dinner Roll Or Hot Ham and Cheese Sandwich WG Bun Steamed Broccoli Cauliflower Applesauce Mixed Fruit	29. Cheeseburger WG Bun Or Bratwurst WG Bun French Fries Carrot Sticks Apples Craisins

This institution is an equal opportunity provider