

ONTONAGON SCHOOL DISTRICT LUNCH MENU

OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Garlic French Bread W/Marinara Sauce Or Cheese Quesadilla Green Beans Celery Sticks Strawberries Apples *Blueberries	3. BBQ Pulled Pork Sandwich WG Bun Or Hot Dog WG Bun Potato Wedges Fresh Broccoli Applesauce Oranges	4. Beef and Bean Burrito Or Ham and Cheese Hot Pocket Romaine Salad Cherry Tomatoes Banana Mixed Fruit	5. WG Pizza Rolls W/Marinara Sauce Or Loaded Baked Potato WG Breadstick Baked Beans Carrot Sticks Craisins Fruited Slushies	6. NO SCHOOL 
9. Philly Cheese Steak Sandwich Sub Roll Or Bratwurst WG Bun Baked Beans Celery Sticks Pineapple Apples	10. Pepperoni Pizza Bread Sticks Marinara Sauce Or Cheesy Chicken Enchilada Soup Tortilla Chips Corn Cauliflower Banana Craisins	11. Deli Sub Sandwich WG Sub Roll Or Chicken Nuggets WG Goldfishes Lettuce/Tomato Fresh Broccoli Applesauce Strawberries	12. Sloppy Joe WG Bun Or Fish Nuggets WG Texas Toast Sweet Potato Fries Cucumbers Oranges Blueberries	13. Cheeseburger WG Bun Or Pork Chop Sandwich WG Bun French Fries Romaine Salad Fruited Sorbet Pears
16. Meatball Marinara Sub Or BBQ Riblet WG Bun Baked Beans Carrot Sticks Mandarin Oranges Mixed Fruit	17. Chicken Parmesan Noodles / Breadstick Or Hot Ham and Cheese Sandwich WG Bun Cucumbers Cauliflower Fresh Pears Apple Slices	18. Walking Taco Or Egg Salad Sandwich WG Bread Refried Beans Lettuce/Tomato Strawberries Pineapple	19. Mini Pancakes Eggs Sausage Or Turkey Wrap Hash Browns Peppers Applesauce Fruit Juice Choice	20. Pizza Calzone Or Chicken Strips WG Goldfishes Romaine Salad Cherry Tomatoes Peaches Apples
23. Fajita Chicken Wrap WG Shell Or Mozzarella Sticks W/Marinara Sauce Romaine Salad Carrot Sticks Apples Oranges	24. Popcorn Chicken WG Breadstick Or Mini Corn Dogs WG Breadstick Mashed Potatoes Corn Banana Blueberries *Oranges	25. Deli Sub Sandwich WG Sub Roll Or Bean and Cheese Chalupa Baked Beans Lettuce/Tomato Peaches Pears	26. Spaghetti Hot Dish Elbow Noodles WG Dinner Roll Or Fish Sandwich WG Bun Steamed Broccoli Cauliflower Applesauce Mixed Fruit	27. ½ Day School No Lunch Served
30. Cheese Ravioli WG Cornbread Or Sriracha Honey Breaded Boneless Chicken Wings Wg CornBread Sweet Peas Celery Sticks Pineapple Mixed Fruit	31. Pepperoni Pizza Or Hot Turkey and Cheese Sandwich WG Bun Corn Broccoli Florets Strawberries Fruited Slushies	*Grab and go options for HS/MS And Adult Monday - Deli Sub Sandwich Tuesday - Chicken Caesar Wrap Wednesday - Yogurt Parfait Thursday - Chef's Choice Friday - PB+Js	*Chef Salads available daily for HS/MS and Adults K-5th Salad Bar options on Wednesdays and Fridays Milk Options 1% White 1% Chocolate	Menu subject to change due to availability 

This institution is an equal opportunity provider